Whole school curriculum overview

You, Me, PSHE © Islington 2020

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|  | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| Autumn 1 | **Physical health and wellbeing**  Fun times | **Physical health and wellbeing**  What keeps me healthy? | **Drug, alcohol and tobacco education**  Tobacco is a drug | **Identity, society and equality**  Democracy | **Physical health and wellbeing**  In the media | **Relationships and health education**  Healthy relationships |
| Autumn 2 | **Keeping safe and managing risk**  Feeling safe | **Mental health and emotional wellbeing**  Friendship | **Keeping safe and managing risk**  Bullying – see it, say it, stop it | **Drug, alcohol and tobacco education**  Making choices | **Identity, society and equality**  Stereotypes, discrimination and prejudice | **Relationships and health education**  Healthy relationships |
| Spring 1 | **Identity, society and equality**  Me and others | **Relationships and health education**  Boys and girls, families | **Mental health and emotional wellbeing**  Strengths and challenges | **Physical health and wellbeing**  What is important to me? | **Keeping safe and managing risk**  Making safer choices | **Drug, alcohol and tobacco education**  Weighing up risk |
| Spring 2 | **Drug, alcohol and tobacco education**  What do we put into and on to bodies? | **Relationships and health education**  Boys and girls, families | **Identity, society and equality**  Celebrating difference | K**eeping safe and managing risk**  Playing safe | **Mental health and emotional wellbeing**  Dealing with feelings | **Identity, society and equality**  Human rights |
| Summer 1 | **Mental health and emotional wellbeing**  Feelings | **Keeping safe and managing risk**  Indoors and outdoors | **Careers, financial capability and economic wellbeing**  Saving, spending and budgeting | **Relationships and health education**  Growing up and changing | **Drug, alcohol and tobacco education**  Different influences | **Mental health and emotional wellbeing**  Healthy minds |
| Summer 2 | **Careers, financial capability and economic wellbeing**  My money | **Drug, alcohol and tobacco education**  Medicines and me | **Physical health and wellbeing**  What helps me choose? | **Relationships and health education**  Growing up and changing | **Careers, financial capability and economic wellbeing**  Borrowing and earning money | **Keeping safe and managing risk**  Keeping safe - out and about  FGM (female genital mutilation) |