Whole school curriculum overview

You, Me, PSHE © Islington 2020

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|  | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| Autumn 1 | **Physical health and wellbeing**Fun times | **Physical health and wellbeing**What keeps me healthy? | **Drug, alcohol and tobacco education**Tobacco is a drug | **Identity, society and equality**Democracy | **Physical health and wellbeing**In the media | **Relationships and health education**Healthy relationships |
| Autumn 2 | **Keeping safe and managing risk**Feeling safe | **Mental health and emotional wellbeing**Friendship | **Keeping safe and managing risk**Bullying – see it, say it, stop it | **Drug, alcohol and tobacco education**Making choices | **Identity, society and equality**Stereotypes, discrimination and prejudice | **Relationships and health education**Healthy relationships |
| Spring 1 | **Identity, society and equality**Me and others | **Relationships and health education**Boys and girls, families | **Mental health and emotional wellbeing**Strengths and challenges | **Physical health and wellbeing**What is important to me? | **Keeping safe and managing risk**Making safer choices | **Drug, alcohol and tobacco education**Weighing up risk |
| Spring 2 | **Drug, alcohol and tobacco education**What do we put into and on to bodies? | **Relationships and health education**Boys and girls, families | **Identity, society and equality**Celebrating difference | K**eeping safe and managing risk**Playing safe | **Mental health and emotional wellbeing**Dealing with feelings | **Identity, society and equality**Human rights |
| Summer 1 | **Mental health and emotional wellbeing**Feelings | **Keeping safe and managing risk**Indoors and outdoors | **Careers, financial capability and economic wellbeing**Saving, spending and budgeting | **Relationships and health education**Growing up and changing | **Drug, alcohol and tobacco education**Different influences | **Mental health and emotional wellbeing**Healthy minds |
| Summer 2 | **Careers, financial capability and economic wellbeing**My money | **Drug, alcohol and tobacco education**Medicines and me | **Physical health and wellbeing**What helps me choose? | **Relationships and health education**Growing up and changing | **Careers, financial capability and economic wellbeing**Borrowing and earning money | **Keeping safe and managing risk**Keeping safe - out and aboutFGM (female genital mutilation) |